

# 2025 Health Plan Overview

## Commercial HMO

- Aetna (HMO/Covered California)
- AHMC Health HMO/EPO (Seton Employees)
- Anthem
- Blue Shield (HMO/PPO\* & HMO/PPO Covered California)
- Cigna
- Health Net
- John Muir Healthy Employee EPO Plan
- UnitedHealthcare

\*PPO only applies to JMHPN Foundation physicians

## Medicare Advantage HMO

- Central Health Medicare Plan HMO (Classic Care and Embrace Care C-SNP *(formerly Brand New Day)*)

## Canopy Health

- Doctors Plan EPO (UHC commercial)
- Health Net Blue & Gold HMO (commercial)
- Health Net Canopy Care HMO (commercial)
- Health Net SmartCare HMO (commercial)
- UnitedHealthcare Signature Advantage HMO (commercial)
- UnitedHealthcare SignatureValue Harmony HMO (commercial)

## Medicare Advantage PPO (Participation may vary for independent physicians)

- Aetna MA PPO (Group Retiree)
- Anthem MA LPPO (Group Retiree & Individual)
- Humana MA LPPO (Individual)

Please note, this is an abbreviated list. You can also access a comprehensive list of JMHPN's contracted Health Plans on the John Muir Health website: [Health Insurance Plans That Work With John Muir Health](#)